MOTIVATED
VIBRANT
POWERFUL!

CoRe CONVERSATIONS

The Power of Empowerment

YOU'RE INVITED

Ever wonder how to cultivate self-assurance?

It can be a challenge to feel "empowered" when we experience new or challenging situations. Luckily, empowerment is something we can learn, practice, and embrace. Together, we'll discuss ways of becoming more empowered, such as acknowledging strengths, embracing individuality, creating safe environments, enhancing confidence, and establishing supportive partnerships.

Bioverativ

Get to know us: